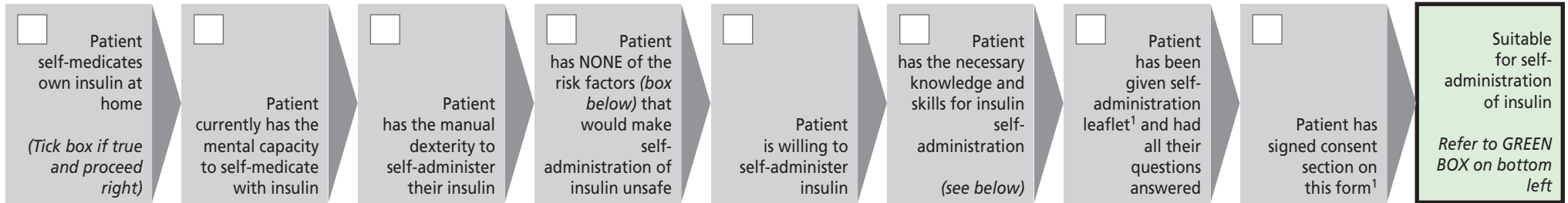


ASSESSING ADULT PATIENTS FOR SELF-ADMINISTRATION OF INSULIN WHILST IN HOSPITAL

FOR USE BY WARD NURSES IN CONJUNCTION WITH UHL SELF-ASSESSMENT OF MEDICINES POLICY



RISK FACTORS

- Unresolved risk of drug abuse or recent over-dose
- Acute confusion
- Alcoholism
- Self-harm
- Non-adherence or suspected non-adherence with medication

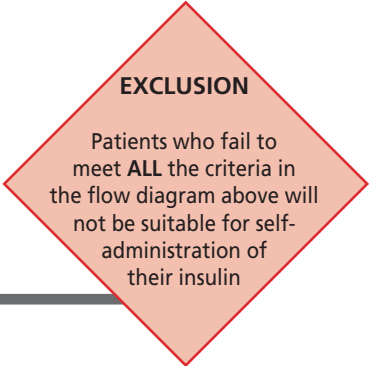
KNOWLEDGE AND SKILLS

- Can measure own glucose levels
- Understands that changes to food, can affect glucose levels
- Knows own target glucose range (Aim 4-11mmol/L while in hospital)
- Can describe and explain rationale for recent self-made dose adjustments (if applicable)
- Can recognise and respond to hypos
- Is aware of necessity for immediate sharps and blood products safe disposal

For patients assessed as suitable to self administer their own insulin:

- Ensure patient has access to their own insulin or a labelled disposable pen from ward stock
- Ensure patient has sufficient pen needles
- If patient is using their own glucose meter they must provide their own glucose test strips (see nursing care plan).
- Patient must document what insulin dose and chart blood glucose reading on relevant chart
- Provide patient with individual sharps bin

RE-ASSESS PATIENT SUITABILITY
for self-administration of insulin if circumstances or patient wishes change



Signature of nurse assessing suitability: Date:.....	Signature of patient's consent to self administer: Date:.....
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References
1 UHL – Self assessment of Medications Policy
2 NHSI "Think Glucose Self-Medication Decision Tree" 2009

Surname:.....
 Forename:.....
 D.O.B:..... **Patient ID Label**

Hospital No.:.....

DAILY ASSESSMENT TOOL FOR SELF-ADMINISTRATION OF INSULIN WHILST IN HOSPITAL

Questions	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
1. Patient has currently the mental capacity to self-medicate their insulin? YES continue No exclude and reassess													
2. Patient has the manual dexterity to self-administer their insulin? YES continue No exclude and reassess													
3. Patient has no known risk factors - Unresolved drug abuse - Acute confusion - Alcoholism / Self harm - Non adherence with medication - Any change to medical condition that will effect ability to self-administer YES continue No exclude and reassess													
4. Patient is willing to self-administer? YES continue No exclude and reassess													
5. Patient has the necessary skills and knowledge for self-administration? YES continue No exclude and reassess or place onto level 2.													
Level of Self Administration													
Signature of assessing nurse/pharmacist													