



Rolling out good nutritional care in the community across Dorset

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The Pan Dorset Malnutrition Programme

Nutritional Care Strategy, 2013



Aims 2014

- To train community based health and social care workers about malnutrition and how to screen for it
- Implement the appropriate care pathways including advice and referrals
- Develop a means to share screening information between teams
- Monitor and improve the nutritional status of those at risk

Achievements

- Development of an online form, hosted by Dorset County Council
- Second pilot area: Christchurch (2016)
- Project Manager employed (2016)
- Rolling out the programme to the rest of Dorset (2016 -2018)
- Cost savings

1st April to 7th December 2017

- Screened 1341 people
- 160 of which have received multiple screenings
- 34 of these have shown an improvement in their nutritional status
- 17 have worsened
- 109 have stayed the same
- 324 staff trained

Future Developments

- Move in to Poole and Bournemouth
- Achieve link to SystemOne
- Continue to support the work of the Health and Social care teams
- **Continue to reduce the risk of malnutrition in the vulnerable of Dorset**



References

National Institute for Health and Clinical Excellence (NICE). Nutrition support in adults: oral nutrition support, enteral tube feeding and parenteral nutrition. Clinical Guideline 32. 2006

Guest, JF et al. Health economic impact of managing patients following a community-based diagnosis of malnutrition in the UK. *Clinical Nutrition* 2011; 30(4), 422 – 429

Thank you