

Frailty – Developing an e-learning module

Cliff Kilgore

Consultant Nurse Intermediate Care/Older People

Excellence |

Working together for patients
Commitment to quality of care
Improving lives
Being a learning organisation

Compassion |

Respect and dignity
Compassion and kindness
Everyone counts

Expertise



Introduction

- Start (Commissioning for Quality and Innovation-CQUIN)
- Appetite for learning
- Learning objectives
- Outcomes

Start

Frailty CQUIN task and finish group aims;

Introduction of frailty identification and management

- First steps to gain consensus on current understanding of frailty
- Develop training resource
- Embed electronic patient risk assessment / screening tool

Appetite for learning

Developing the programme created interest from:

- Clinicians within Dorset Healthcare
- Dorset CCG
- Other trusts and CCGs

Learning Objectives

The aim:

'This module will help you to:

- *Explain what Frailty is*
- *Identify frailty in the people you care for*
- *Recognise the different stages of frailty*
- *Identify the risk factors associated with frailty*
- *Assess someone living with frailty and consider actions that can be taken to improve the wellbeing of those living with frailty.'*

Development and piloting

- Frailty resources
- Experts building power point presentation
- Pilot with Integrated Community team

Staff feed back (from 1st module)

- “I thought the module was well presented and informative. It covered what frailty is and how to recognise the different stages, as well as identifying the risk factors associated and most importantly, what actions can be taken to enhance the wellbeing of those living with frailty.”
- “The module was easy to access and follow.”
- “The time scale for completing the module was good and staff can easily do this course during working hours.”

OUTCOMES

- E module originally went live on 20.10.16
- >1000 staff have accessed training since.
- Increased use of Frailty screening tools within DHC
- Closer working with primary care for people living with frailty
- Creation of a patient leaflet

Future developments

- Developing learning platforms for frailty for senior staff
- Working with other providers
- Aim to have a resource than can be accessed by as many staff as possible

QUESTIONS?