

# Medicines Optimisation (MO): helping people get the most from their medicines

## What was delivered in 2017-18?

Our medicines programme continues to progress at pace. Some of our key achievements include:

### Medication safety – PINCER:

- The PINCER medication safety tool rolled out to **208 GP practices** across Wessex; which is 87% of practices in the seven CCGs that took part in the project.
- Initial analysis shows that of the 142 practices which shared their data; 492 patients' levels of risk were much better or better, 178 stayed the same and 433 got worse. These baseline results provide the focus for the coming year.

### Electronic Repeat Dispensing – 'eRD':

- This year saw a step change in the momentum to roll out eRD across Wessex.
- All nine Wessex CCGs now have work in progress, or pilot sites up and running.
- An overall increase in percentage of items prescribed as eRD from **6%** (when the project was started) to **8.89% in January 2018**. This is **1,305,134 extra eRD prescription items since March 2016**.
- Moving to eRD could save practices up to **45 minutes of GP time per day**, based on a paper prescription taking 27 seconds to sign, and EPS prescription taking 13 seconds. eRD eliminates the time taken to sign, every month.

### Transfer of Care Around Medicines (TCAM):

- Dorset County Hospital's TCAM work has been operational since October 2016, and 475 referrals were made between February and 17 and March 2018. There have been **over 1,000 referrals since the start of the project**.
- University Hospitals Southampton went live with its service towards the end of 2017. Over **80 Pharmacists** attended the launch event. Initial outcomes for March 2018 are: 361 patients have been referred to their community pharmacist, and of the 326 that were contactable, **70% of their referrals have been completed**. This is a tremendous response rate.
- The second **Meet Mo** animated video, which explains this service to patients so that they are aware of the support available to them on discharge from hospital, was developed and launched.

### Polypharmacy:

- **National launch of the polypharmacy prescribing comparators:** nationally-available data set developed by Wessex AHSN bringing together GPs, Pharmacist specialists; and the NHS BSA and NHS Digital and the RPS
- Created an **innovative tool to help GP practices** to identify their patients at risk from problematic polypharmacy. This is the first of its kind in England, and to date, there are **over 2,053 registered users** (covering ALL 209 CCGs in England) of the ePACT 2 platform that the comparators were launched upon.
- Working with NHS England to help the national work around polypharmacy, and as part of this, we have been recognised as official custodians of the polypharmacy prescribing comparators.
- Developed and launched the first **Meet Mo** animation aimed at helping patients to seek help when their medicines become unmanageable



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