

Mental Health programme



What is the innovation?

Testing and delivering new ways of working to improve frontline care



Why are we doing it?

Enabling local organisations to test and evaluate what works, speeding up the spread and adoption of best practice

Experiencing poor mental health can cause distress and major disruption to an individual, their family and friends.

This programme improves the provision of care and outcomes for people experiencing mental health difficulties by testing, evaluating and sharing best practice.

What was delivered 2018-19?

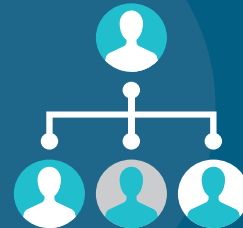


Mental Health Digital Innovation Event

- Over 80 stakeholders
- 9 mental health innovations assessed by local multi-disciplinary teams
- An opportunity to engage with the tech and the innovators
- Round table discussions assessing the tech's suitability for implementation in local services
- Evaluation report being shared to shape local mental health digital strategies across Wessex

Mental Health Evaluation Programme

- Over 250 hours provided to support the evaluation of mental health innovations across Wessex



Establishment of a National AHSN Mental Health Network

- Wessex has led on the establishment of a national AHSN Mental Health Network
- All AHSNs are engaged
- Regular face to face meetings and digital communication platform established
- Promoting a networked approach to spread and adoption of innovation in mental health

Mental Health Demonstrator Site Programme

- 4 innovations being supported across Wessex
- Offering real world testing and evaluation
- Resulting in faster spread and adoption of proven innovations

Mental Health programme



Our mental health team have provided expertise on four national assessment panels, where over **£1 million** worth of funding has been made available for investment



Mental health programme newsletter launched in Spring 2019

To sign up visit wessexahsn.org.uk and see 'mental health' under 'programmes'.



Simulation modelling to test the impact of new services

- **£70k secured** from the Health Foundation
- **6 analysts trained:** training delivered by experts from the University of Southampton Business School
- Increasing analytic capacity across Wessex
- Enabling the testing of service redesign in a safe modelling environment



Plans for 2019-20:

- Ongoing support for our NHS and innovator colleagues through our demonstrator sites and evaluation programme
- Using the established AHSN mental health network to ensure the spread of proven innovations
- Linking our local universities in with our digital innovation work, to ensure our population of **90,000 university students** benefit from the latest developments in mental health technology



Supporting partnership working

- Working with Hampshire Police and the NHS to spread an innovative workforce model
- Supporting people with some of the most complex mental health needs
- Changing outcomes for some of the most vulnerable people in society