

Name of Surgery	List Size
Date of starting iSPACE project	No of people with dementia
No of care plans in place	
Date of Completion of iSPACE	No of People with dementia
No of Care plans in place	
<ul style="list-style-type: none"> • Dementia Diagnosis rates in surgeries adopting iSPACE and across all surgeries in Wessex. • Number of primary care staff trained at tier one • % of PWD for whom a carer has been identified • Numbers of care plans for people with dementia (PWD) and their review • % admitted as emergency admissions to hospital for PWD compared to the size of the register, • Length of stay in hospital of patients for whom an active care plan is in place • Numbers of primary care consultations by PWD 6 months before iSPACE and 6 months after implementation. 	

IDENTIFY one or two Dementia Champions in the practice

Initiative	In place	Not at this time	To Action
Identify one or two Dementia Champions			
Sign up to the Dementia Action Alliance – www.dementiaaction.org.uk			
Start a spreadsheet of all patients who have Dementia in your practice from QOF register			
Read the NICE guidance on dementia https://www.nice.org.uk/guidance/cg42			

STAFF who are skilled and have time to care

Initiative	In place	Not at this time	To Action
Arrange a clinical meeting for GPs with your local OPMH Consultant to discuss your local dementia pathway and resources available locally			
Review your Dementia QOF template and make it meaningful to patients			
Arrange a training session for whole team which focuses on the experience of someone with Dementia – LMCS “lunch and learn” resource pack, Dementia Action Alliance and Alzheimer’s Society are among providers of training.			
Review Use of antipsychotics and other dementia drugs – audit this			
Give each member of staff the booklet “customer facing staff guide” from the Alzheimer’s Society (Costs £5 for 25 booklets) optional			

PARTNERSHIP working with carers, family and friends

Initiative	In Place	Not at this time	To Action
Identify carers for all patients with dementia either at the time of referral or from letter back from the memory service. Use consent letter			
Code the carers and ensure they are included and invited at all stages of the patient's journey			
Involve the patient participation group in this work and ask patients with dementia and their carers what they feel will make the surgery dementia friendly			
Refer the carers to your local carer support agencies			
Ensure the carers are copied in to hospital appointment letters so that they are aware of appointment dates (this was the most common request from patients and carers)			
Give the carer and patient a list of helpful contacts in your area. We have printed this information out on business cards – each area will have different information			
Ensure the carer is offered a health check,			

flu jab and that we remind them that they can take a respite break if needed.			
Encourage carers to look at the Alzheimer's Society website and other charity websites to make use of their excellent resources www.alzheimers.org.uk www.carersuk.org www.dementiauk.org			



ASSESSMENT and early identification of dementia

Initiative	In Place	Not at this time	To Action
Encourage a culture where dementia is not stigmatised			
When someone is concerned about their memory do a formal assessment and refer if needed			
Be aware of the need to offer early support after diagnosis			
Audit all codes such as "cognitive decline or mild memory disturbance" to ensure they have been converted to a Dementia code once a formal diagnosis is made			
Once coded add a "major alert" to patient notes so that everyone is aware of their diagnosis			
Consider if possible to book double appointments for them – they need more time!			
If people with Dementia are consistently not attending appointments consider contacting them or their carer by phone to remind them of the appointment			

CARE PLANS which are person centred

Initiative	In Place	Not at this time	To Action
Encourage patients to complete a personal care plan such as the Alzheimer's Society "this is me" document in advance of their review appointment			
Encourage patients and their carers to express their care needs at an early stage so that we make best use of the window of opportunity. Anticipatory care plans are very helpful			
Be aware of the natural stages of Dementia and the symptoms of advanced Dementia			
Identify those patients who are progressing and ensure we link up with social care and add patients to the multi-disciplinary meeting list			
Refer on to Dementia "post diagnosis support services"			
Complete the advanced care plan – a DES requirement			

ENVIRONMENTS that are dementia friendly

Initiative	In place	Not at this time	To Action
Good lighting, a welcoming face at reception and a sense of calm			
Use of bright colours for the staff uniforms – pink and red have been successful			
Consider making the surgery a safe haven for people who are found wandering in the area			
Uncluttered floor space and plain carpets			
Clear signage for toilets and exits - use symbols			
Arrange for a person with dementia and their carer to do a walk round of the surgery - either one of your patients or a “mystery shopper” who the WAHSN will invite			
Ask the Patient Participation Group to get involved with the project - to undertake the Kings Fund – is your health centre dementia friendly – audit and survey of patients and collaborate on creating leaflets and any other actions such as starting a carers’ drop in every 2 to 3 months.			

Local Initiatives – Please use this space to detail any other ideas/plans you may have

