Dr Michele Legg, GP and Wessex AHSN clinical lead recommends iSPACE
“This is a relatively inexpensive bundle of actions that makes a big difference to patients and their carers in managing what can be one of the most soul destroying illnesses we encounter”

Dr Nicola Decker, a GP in North Hampshire, pioneered this work. Nicola worked with her patients with dementia and their carers and collected data about the impact of these changes.

Benefits of iSPACE*
- Improved experience for patients and their carers
- Staff are better equipped to deliver high quality dementia care
- Simple and straightforward
- Inexpensive to implement
- Increased memory screening
- Increased care planning e.g. resuscitation status and power of attorney

Patient and Carer comments*
“The staff have a good understanding of dementia.”
“We feel listened to.”
“As carers we feel included and valued.”

Key steps to implementing iSPACE
1. Identify and appoint a dementia champion
2. Staff training
3. Promotion of partnership working with carers
4. Links made to agencies outside the surgery that can provide ongoing support

iSPACE is a bundle of actions that together make the primary care setting Dementia Friendly. This work has been evaluated by the Centre for Implementation Science, University of Southampton. The evaluation has identified positive changes for patients and carers and to the staff team in the surgery.* Further information on how to do this and where to go to learn more is in the brochure and on the website.
Identify one or two Dementia Champions

Staff who are skilled and have time to care

Partnership working with carers, family and friends

Assessment and early identification of dementia

Care plans which are person centred

Environments that are dementia friendly

If you’re interested in implementing iSPACE in your surgery please go to the website, http://wires.wessexahsn.org.uk/

All resources can be found here

For more information please contact

Katherine Barbour,
Senior Project Manager,
Wessex AHSN,
enquiries@wessexahsn.net

07990 002106

http://wires.wessexahsn.org.uk/

* Evaluation conducted by the Centre for Implementation Science, University of Southampton (2014)

http://www.southampton.ac.uk/wessexcis/

© March 2016. Wessex Academic Health Science Network.

Designed by NHS Creative – CS42725