



**Focus on Frailty**  
**Thursday 14<sup>th</sup> March 2019**  
**Novotel Southampton**

	Topic		Speaker			
09.00 – 09.20	Registration & Refreshments					
09.30 – 09.40	Welcome, Introductions & Purpose of the day		Joshua Hammond & Claire Eastick Southern Health NHS Foundation Trust			
09:40 – 10.00	Key Note Speaker		Dr Dawne Garrett, Professional Lead for Older People and Dementia Care, Royal College of Nursing			
10.00 – 10.20	What is Frailty?		Dr Abigail Barkham, Consultant Nurse for Frailty, Southern Health			
10.20 – 10.40	Wessex Acute Frailty Audit		Wessex AHSN			
Morning Refreshments						
	VR Headsets	Healthy Ageing	Functional Ax	Delirium	Managing Risk	
11.00 – 11.30	Green	Red	Blue	Yellow	Pink	
11.35 – 12.05	Pink	Green	Red	Blue	Yellow	
12.10 – 12.40	Yellow	Pink	Green	Red	Blue	
Lunch and Poster Review						
13.40 – 14.10	Blue	Yellow	Pink	Green	Red	
14:15 – 14.45	Red	Blue	Yellow	Pink	Green	
14:50 – 15.10	Patient Story		Pippa Collins & Rachel Everett, Frailty ACP, University Hospitals Southampton FT			
15:10 – 15.30	Seeing Sally		Sue Hill, Workforce Transformation Lead, Health Education England			
15.30 – 15.50	Room for improvement		Joshua Hammond, Frailty Practitioner, Southern Health NHS Foundation Trust			
15.50 – 16.10	Civility Saves Lives		Sara Courtney, Deputy Director of Nursing & AHPs, Southern Health NHS Foundation Trust			
16:10 – 16.30	Poster Award & Close					



#WessexFrailty19

