



## Developing a community MDT (Multi-Disciplinary Team) approach to support older adults living with frailty

### A four step guide

- 01 Review**  
*Use the quick checklist to review your own MDT working*
- 02 Highlight**  
*Highlight areas on your MDT checklist you'd like to develop and improve further*
- 03 Develop**  
*Refer to guidance suggestions to develop your best practice approach - use top tips & case examples*
- 04 Utilise**  
*Make full use of the Implementation Pack resources*

**Download the toolkit from**

**[wessexahsn.org.uk/projects/442/mdt-frailty-toolkit](https://wessexahsn.org.uk/projects/442/mdt-frailty-toolkit)**