It’s OK to ask...

me + my medicines

I would like to help you get the best from your medicines, and to achieve that we need to work together.

Though I am your ........................................................., you are the expert when it comes to things affecting you and your life.

Being honest about your understanding and feelings towards medicines helps me better appreciate your situation.

I will listen to you and respect what you tell me, so we can share responsibility.

We will share honest and clear advice and support decisions.

This will help us to have a more meaningful conversation and agree a way forward.

If you wish, I can write things down for you.