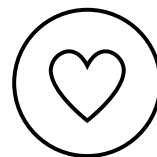
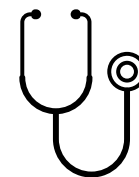


1. A CGA is a **proactive, iterative and continuous, live** process for the whole MDT to contribute to. It can also be applied at opportune moments such as in urgent or emergency care settings



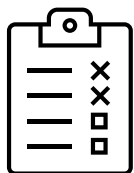
2. Individuals, families, and carers should be at the **heart** of a comprehensive and detailed, holistic assessment



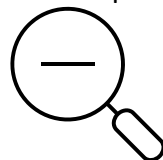
3. A CGA should **optimise** care delivery to **maximise positive** health outcomes and to slow down/manage the onset of frailty



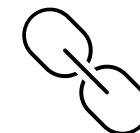
4. It is crucial for MDTs to **co-design** their CGA approach to provide **inclusive** engagement and completion



5. Identifying "What Matters Most" to the individuals and **pro-actively** supporting their choices and wishes



6. Production of actions and personalised care plans focusing on **modifying** frailty



7. Sharing of information across settings and with individuals will **enhance** care provision